

**OCTOBER 2017  
TONAWANDA CITY SCHOOLS  
BREAKFAST MENU**

**MONDAY**

**2**  
Select One  
**Warm Cherry Frudel**  
Assorted Cereal  
w/Goldfish Grahams

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**TUESDAY**

**3**  
Select One  
**Toasted Bagel**  
w/Jelly  
Assorted Cereal  
w/ Goldfish Grahams

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**WEDNESDAY**

**4**  
Select One  
**UBR w/  
Goldfish Graham**  
Assorted WG Cereal

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**THURSDAY**

**5**  
Select One  
**Egg, Sausage &  
Cheese Breakfast  
Sandwich**  
Assorted WG Cereal


Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**FRIDAY**

**6**  
Select One  
**Mini Maple Pancakes**  
Assorted Cereal  
w/Goldfish Grahams

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**9**



**Columbus Day  
No School**

**10**  
Select One  
**Warm Apple  
Cinnamon Muffin**  
Assorted Cereal  
w/ Goldfish Graham

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**11**  
Select One  
**Yogurt Cup  
w/ Goldfish Graham**  
Assorted WG Cereal

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**12**  
Select One  
**Egg, Ham & Cheese  
Breakfast Sandwich**  
Assorted WG Cereal

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**13**  
Select One  
**Mini French Toast**  
Assorted Cereal  
w/ Goldfish Graham

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**16**  
Select One  
**Warm Apple Frudel**  
Assorted Cereal  
W /Goldfish Grahams

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**17**  
Select One  
**Whole Grain Donut**  
Assorted WG Cereal  
w/ Goldfish Grahams

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**18**  
Select One  
**Warm Blueberry  
Muffin**  
Assorted WG Cereal

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**19**  
Select One  
**Egg Sausage &  
Cheese Breakfast  
Sandwich**  
Assorted WG Cereal

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**20**  
Select One  
**Mini Maple Pancakes**  
Assorted WG Cereal  
w/ Goldfish Grahams

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**23**  
Select One  
**Cherry Frudel**  
Assorted Cereal  
w/ Goldfish Grahams

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**24**  
Select One  
**Egg & Cheese  
Breakfast Sandwich**  
Assorted WG Cereal

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**25**  
Select One  
**UBR w/  
Goldfish Graham**  
Assorted WG Cereal

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**26**  
Select One  
**Egg, Bacon & Cheese  
Breakfast Sandwich**  
Assorted WG Cereal

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**27**  
Select One  
**Mini French Toast**  
Assorted WG Cereal  
w/ Goldfish Grahams

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**30**  
Select One  
**Apple Frudel**  
Assorted Cereal  
W /Goldfish Grahams

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection

**31**  
Select One  
**Warm Apple  
Cinnamon Muffin**  
Assorted Cereal  
w/ Goldfish Graham

Side Choices  
100% Juice Cup  
Fruit Variety  
Milk Selection



**Free & Reduced  
Meal Applications  
Are Available In  
Your School Office**

**Fresh Fruit & Raisins  
offered as a daily  
fruit choice**



Milk Selection  
Fat Free White  
Chocolate  
1% White

**A Reimbursable meal  
consists of a  
fruit/juice and two  
other items.**

**Breakfast - \$1.50  
Milk - \$ .50**