

**MARCH 2018  
TONAWANDA CITY SCHOOLS  
BREAKFAST MENU**

**MONDAY**

Students may take up to 1 cup of fruit:  
Fresh, prepared or juice



**TUESDAY**

USDA and this institution are equal opportunity providers and employers



Breakfast \$1.50  
Milk - \$.50

**WEDNESDAY**



Whole Grain Bagels Served Daily in HS & MS

**THURSDAY**

1

Select One  
Egg, Sausage & Cheese Breakfast Sandwich

Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

**FRIDAY**

2

Select One  
Mini Maple Pancakes Assorted WG Cereal w/ Goldfish Graham

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

5

Select One  
Apple Frudel Assorted WG Cereal w/ Goldfish Graham

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

6

Select One  
Warm Blueberry Muffin Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

7

Select One  
UBR Round w/ Goldfish Graham Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

8

Select One  
Egg, Ham & Cheese Breakfast Sandwich Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

9

Select One  
Frosted Cinnamon Roll Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

12

Select One  
Warm Cherry Frudel Assorted WG Cereal w/ Goldfish Graham

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

13

Select One  
Chocolate Chip Muffin Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

14

Select One  
WG Super Donut w/ Goldfish Graham Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

15

Select One  
Egg, Sausage & Cheese Breakfast Sandwich Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

**Staff Development Day**



**No Student Attendance**

19

Select One  
Apple Frudel Assorted WG Cereal w/ Goldfish Graham

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

20

Select One  
Warm Blueberry Muffin Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

21

Select One  
Yogurt Cup w/ Goldfish Graham Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

22

Select One  
Egg, Ham & Cheese Breakfast Sandwich Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

23

Select One  
Mini Maple Pancakes w/ Syrup Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

26

Select One  
Warm Cherry Frudel Assorted WG Cereal w/ Graham Cracker

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

27

May Select One  
Chocolate Chip Muffin Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

28

Select One  
UBR Round w/ Goldfish Graham Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

29

Select One  
Egg, Sausage & Cheese Breakfast Sandwich Assorted WG Cereal

Side Choices

100% Juice Cup  
Fruit Variety  
Milk Selection

**Spring Recess**

