

**JUNE 2018
TONAWANDA CITY SCHOOLS
BREAKFAST MENU**

MONDAY



Bananas and prepared fruit offered as a daily fruit choice

TUESDAY



A Reimbursable meal consists of a fruit/juice and two other items

WEDNESDAY




THURSDAY



FRIDAY

1
Select One
Frosted Cinnamon Roll
Assorted WG Cereal w/ Graham Cracker
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

4
Select One
Warm Apple Strudel
Assorted WG Cereal w/ Goldfish Graham
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

5
Select One
Warm Blueberry Muffin
Assorted WG Cereal
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

6
Select One
UBR Round w/ Goldfish Graham
Assorted WG Cereal
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

7
Select One
Egg, Ham & Cheese Breakfast Sandwich
Assorted WG Cereal
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

8
Select One
Mini Maple Pancakes w/ Syrup
Assorted WG Cereal
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

11
Select One
Warm Cherry Frudel
Assorted WG Cereal w/ Goldfish Graham
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

12
Select One
Double Chocolate Chip Muffin
Assorted WG Cereal
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

13
Select One
Yogurt Cup w/ Goldfish Graham
Assorted WG Cereal
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

14
Select One
Egg, Sausage & Cheese Breakfast Sandwich
Assorted WG Cereal
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

15
Select One
Cinnamon Roll
Assorted WG Cereal w/ Goldfish Graham
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

18
Select One
Assorted Fruit Strudel
Assorted WG Cereal w/ Goldfish Graham
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

19
Select One
Warm Muffins
Assorted WG Cereal w/ Goldfish Graham
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

20
Select One
Breakfast Buffet WG Cereal w/ Graham Cracker
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

21
Select One
Breakfast Buffet WG Cereal w/ Graham Cracker
Side Choices
100% Juice Cup
Fruit Variety
Milk Selection

22
Have a safe & happy summer vacation




Start your day with a healthy breakfast

USDA and this institution are equal opportunity providers and employers.

. Students may take up to 1 cup of fruit: Fresh, prepared or juice



Choose MyPlate.gov

We Offer 100% Juice Lowfat & Fat Free Milk


Whole Grain Bagels Served Daily in HS & MS
